## **Goals of the CSHCA**

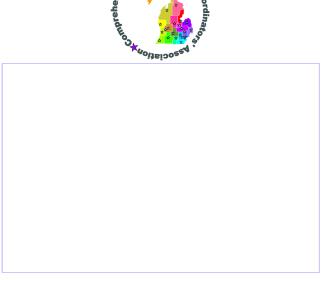
- Support healthy lifestyles for students
- Provide comprehensive school health education
- Advocate for policies, funding and assessment in health programs
- **Promote Coordinated School** Health as an integral part of **School Improvement**
- Facilitate coordination and cooperation between schools, local, and state organizations
- Provide leadership and professional development for school health programs



## **Membership**

Membership includes coordinators at each coordinating site, agency representatives from Michigan Departments of Education and Community Health, and other state and national partners.







**Comprehensive School Health Coordinators' Association** 





The CSHCA is an open source network of 25 coordinating sites in Michigan, serving as hubs for delivering evidence-based programs driven by current state and local data, research and educational requirements.

We partner with our schools, communities, and parents toward a common goal of increasing student achievement and positive health outcomes.

For every \$1
invested in the
CSHCA infrastructure,
\$27 dollars are
leveraged.
(2010 Independent ROI Analysis)



CSHCA sites work within a
Coordinated School Health framework,
which consists of:

- Health Education
- Physical Education
- Counseling, Psychological & Social Services
- Health Promotion for School Staff
- Parent & Community Involvement
  - Health Services
- Healthy & Safe School Environment
  - Nutrition Services





## Michigan Model for Health®

The key curriculum offered through the CSHCA is the *Michigan Model for Health*<sup>®</sup>. The Michigan Model is an **evidence-based**, comprehensive and sequential K-12 health education curriculum. The CSHCA provides curriculum training and technical support to local school districts.

Michigan Model provides age-appropriate lessons addressing the following areas:

- Social-Emotional
- Nutrition and Physical Activity
- Alcohol, Tobacco, and Other Drugs
- Personal Health and Wellness
- Safety
- HIV

In Michigan, 1.3 million students and their families receive Michigan Model curriculum in public and non-public schools.

www.cshca.org www.cshca.org www.cshca.org